



Government of Jammu & Kashmir
Mader-e-Meharban Institute of Nursing Sciences & Research (MMINSR)
S.K. Institute of Medical Sciences, Soura Srinagar
(Phone: 0194-2401013 Ext: 2009)


Mrs Evelyn P.Kannan
Secretary General
TNAI.

Sub: Acceptance to be ⁱⁿ the Editorial Advisory Board (EAB) for the
Journal of India (NJI) Bi monthly and TNAI Bulletin (Monthly).

Dean Madam,

I am pleased to inform you about my acceptance to be the in
editorial advisory board for the Nursing Journal of India , Bi monthly &
TNAI Bulletin (Monthly). I enclose my CV, along with this acceptance
letter.

Yours Sincerely


Dr. Mehnooda Regu
Professor & Principal
MMINSR SKIMS.

No.SIMS 31300 22/19- 402

Dated: 22-03-2019.

CURRICULUM VITAE

Name: Prof (Dr) Mehmooda Regu
Designation: Professor / Principal
Madre- Meherban Institute of Nursing Sciences & Research
01-06-1957
Date of Birth:
Residence: House No. 19 A Lane 1 Gousia Colony Methan Road Lal Nagar
Channa Pora Srinagar 190015; Phone: 0194- 2435827
Mobile: 9419037980,7889404303
Email: mehmoodaregu@gmail.com , mehmoodaregu@live.com,
Mehmooda.regu@skims.ac.in

<u>Academics/ Professional qualification</u>		
<u>Degree</u>	<u>University</u>	<u>year</u>
B.Sc	University of Kashmir, Govt. College for women, M.A. Road Srinagar Kashmir	1977 (Nov)
B.Sc Nursing	Punjab university Chandigarh College of Nursing P.G.I.M.E.R Chandigarh	1982 (May)
M.A Public Administration	Punjab University Chandigarh	1984 (May)
Masters Nursing community Health Nursing	Delhi University RAKCON New Delhi	1988 (June)
Ph.D Nursing	IGNOU New Delhi	2010 - 2015

<u>Professional Experience</u>		
<u>Designation</u>	<u>Date</u>	<u>Institution</u>
Technical Nurse (In charge Gastroenterology lab. & ward)	May 1982 to August 1983	G.E.Lab. SKIMS & Ward 3 rd SKIMS
Graduate Nurse (Tutor)	September 1983 to June 1986	Department of Nursing Education SKIMS
Supervisor, Nursing Education	July 1986 to March 1991	-do-
Lecturer, Nursing Education	April 1991 to November 1996	-do-
Sr. Lecturer Nursing Education started B.Sc (Nursing) Post Basic-1996	December 1996 to March 2007	-do-
In charge principal	December 1996 to May 2014	-do-
Principal (deputed) (Founder Principal)	July 2005 to September 21,2008	BiBi Halima college of Nursing & Medical Technology
Vice Principal (In charge Principal)	2007 – 2014 (joined back on 22-09-2008)	College of Nursing SKIMS
Professor cum Principal	May 2014 till date	MMINSR SKIMS Kashmir

Position Held

1. Treasure TNAI, J&K state Branch, October, 1989 to 1995.
2. Executive Board Member of Nursing Research Society of India. October, 1991- October, 1995.
3. Organizing Secretary, National Congress of Nursing Research Society of India, 1989 October.
4. Organizing Secretary/ Chairperson/ Resource Person of various Programmes held at SKIMS.
5. President Steering Committee J&K Branch of TANI. 1996 for re-establishing TNAI at J&K.
6. Secretary, J&K Branch of TANI w.e.f 1997 October till 2007.
7. Executive Member of BiBi Halima College of Nursing & Medical Technology, Srinagar, 2005 July to 2008 .
8. Executive Council Member Islamic University of Science & Technology, Kashmir, 2005 to 2008.
9. Member, Board of studies (Nursing), University of Kashmir & Jammu, Uttrakhand, SNVD Katra.
10. Editor Journal of Nursing practice & Research SKIMS (2009) till date.
11. Editor Journal of Nursing Baba Farid University 2009 till date.

Research work

1. Project on Immunization Status of under five years children at a selective village of West Bengal May, 1987. (Summer Field Experience) during M.Sc Nursing.
2. Project on Nutritional Status of under five years of children at Kotla (Urban Slum) New Delhi, 1988.
3. A study to assess the role of performance of the Health Worker Female working in a selected region of J&K State.(Partial fulfillment of Masters Nursing, 1988).
4. Study of Teacher behaviors perceived by student Nurses.
5. Study on perception of Nurses about care of elderly.
6. Study on KAP of Family Planning in Women of 15-45 years at O.P.D of SKIMS.
7. A study to assess HIV/AIDS awareness among staff Nurses Working in Associated Hospital of Kashmir, November- December, 2008.
8. Ph.D Nursing on (Title of the Thesis:- " A study to assess the effectiveness of Comprehensive Nursing Care Strategy for Stroke Patients (CNCSSP) on the Outcome of the Patients with Stroke in a Selected Hospital of Kashmir").
9. Guided 30 M.Sc (N) research projects and 50 B.SC(N) group research projects.

Awards

1. Received Florence Nightingale Award, first in J&K State on May 12th, 2008.

PAPERS AT CERDIT

1. Need For Educational Reforms In India, Corresponding Course Magazine 1983, P.U. Chandigarh.
2. Endoscopies, Nursing Journal Of India, April, 1984.
3. Legal Aspects In Nursing, Nursing Journal Of India, April 1986.
4. Abstract: Role Performance Of Health Worker Female Proceedings Of Nursing Research Society Of India, October, 1989.
5. Organizing Short Term Courses On Maternal & Child Health, Nursing Journal Of India, October, 1990.
6. The Scope Of Utilization Of Nurses In Maternal & Child Health Care, Nursing Journal Of India, November, 1990.
7. Mental Health Nurses In Action, Nursing Journal Of India , October, 1992.
8. Handling Emotions For Better Health, The Role Of A Nurse, The Nursing Journal Of India, June 1993.
9. Role Performance Of Female Health Worker : A Study , Nursing Journal Of India, July 1994.
10. Immunization Coverage Of Under Five Children In Burdwan District Of West Bengal SEHAT, Directorate Health Services , Punjab, October, 1994, P 24-27, Vol-20, No20.
11. The Nurse , The Patient And The Law , The Nursing Journal Of India , December, 1996.
12. Nursing Education At Sher-I-Kashmir Institute Of Medical Sciences, Soura , Souvenir, Srinagar.
13. Perception Of Nursing Students On Teachers Behaviour, Journal Of Medical Sciences, SKIMS, January ,1999, Vol-2, No-1, P 35-37.
14. Nursing Interventions In AIDS , Journal Of Medical Sciences SKIMS, January 2000, Vol-3, No,-1 P70-72.
15. Nurses As Partners Of Health Care, February, 2000, Nursing Journal Of India No.2, P 29-31
16. Nursing Education In The New Millennium, Journal Of Medical Sciences , SKIMS , July, 2001 Vol-4 No.2, P.183-89
17. Women's Health & Reproductive Tract Infections, Proceedings On 7th National Biennial Conference Of NRSI 31st , August-2, September, 2001, Choithram College Of Nursing , Indore, M.P, India.
18. Nursing Education In J&K State Health Care In J& K State, Health Administrator , ISHA, No.1 & 2, July-December, 2002. P.28-31.
19. Nurse's Partnership For Safe Motherhood Health 7 Health Care In J&K Satae, Health Administration, ISHA, No.1&2, July- December, 2002, P.75-79.
20. Nursing & Nursing Profession Recommendations High Power Committee , Ministry Of Health & Family Welfare, 1990, Govt. Of India , Journal Of Nursing Practice & Research , January, 2003. Vol 1, No.1, P.17-23.

21. Case Study –A Research Method , Journal Of Nursing Practice , July 2003, Vol.1 No.2 , P.19-20
22. Fluid & Electrolyte Therapy Souvenir , Continuing Education Programme On Latest Trends In Surgical Nursing Organized By Department Of Nursing Education W.E.F, 4th -14th , August , 2003
23. Case Study On Diabetes Mellitus, Journal Of Nursing Practice & Research , January 2004,Vol.2 , No.1, P.20-23
24. Nursing In Diversity, Journal Of Nursing Practice & Research , July, 2004,P.10-13
25. Report Of World Health Day Journal Of Nursing Practice & Research , July, 2004,P.52-53.
26. Nurses Perception Of Their Role In The Care Of The Elderly, Journal Of Nursing Practice & Research, January, 2005,Vol.3, No.1,P.27-32
27. A Study To Assess Performance Of Staff Nurses In Infection Control In Neonatal Nursery, Journal Of Nursing Practice & Research ,July 2005,Vol.3,No.2, P.16
28. HIV/AIDS & Co-Infections 1st National Multi Disciplinary Infection Control & Clinical Microbiology Conference Souvenir CM, October,2004,SKIMS .
29. Care Of HIV/AIDS , Update On Advanced Medical Nursing 21-31st , July Souvenir2004.
30. Psycho- Social Aspect Care Of HIV/AIDS & Ethical Dilemma In Nursing NRSI Conference, Jammu 6-8 February, 2006 Souvenir.
31. Helping Relations, Journal Of Practice & Research Vol.1 , January,2006.
32. Working Together For Health : World Health Day 2006 Journal Of Nursing Practice & Research Vol (51,No.(1) 31-34 January 2007 .
33. Report On Visit To King Fehd Medical City Hospital , Riyadh (KFMC)Journal Of Nursing Practice & Research Vol (6) , No(1) P 18-21, July 2007
34. Quantitative Research Approaches Journal Of Nursing Practice & Research Vol (7), No.9 & 10, 2009.
35. A Study To Asses Awareness Among Staff Nurses Working In Associated Hospitals Of Kashmir Souvenir NRSI Conference Jammu.
36. Critical Thinking In Nursing , Passion College Magazine 2009 P.65-69
37. Interpersonal group dynamics in nursing management , journal of nursing practice & research , 2010, Voll1&2 , No.6,P.13-16
38. Clinical Evaluation Of Nursing Students, Journal Of Nursing Practice & Research , Vol.1&2, 2011 No.7, P..11-17.
39. Nursing Education At SKIMS: Report, Passion 2011,P.1=3.

40. Assessment Of Knowledge & Practice About HIV/AIDS Management Among Staff Nurses In Hospitals Of Kashmir, Nursing Journal Of India, Vol.CIV, No.5, September –October-2013
41. Five research papers under publication.
42. A study to assess the effectiveness of comprehensive Nursing Care Strategy for Stroke Patients(CNCSSP) on the outcome of patients with stroke in a selected hospital of Kashmir, Ph.D thesis, published in “the Nursing Journal of India” Vol. CIXI No. 7 January- February 2019.

BOOKS

1. Publications of textbook on “Manual of sociology of Nurse”, January , 2005 by Vora Publications, Mumbai
2. Under Publication Textbook of Nursing Research.

PROFESSIONAL COURSES / SEMINORS/ WORKSHOPS ATTENDED / PAPER PRESENTED :

1. PARTICIPATED IN National Social Services (N.S.S) Camp at Dadu Majra, W.E.F 21-05-1979 To 30-05-1980.
2. Participated in N.S.S Camp at Dadu Majra w.e.f 23-05-1980 to 01-06-1980.
3. Participated in one day Programme on endoscopies at SKIMS , 1982,May.
4. Participated and Presented Paper in first National Conference of Nursing Research Society Of India, 16-17, September, 1988 at at AIIMS , New Delhi .
5. Participated organized and presented paper-second National congress of Nursing Reserach Society of India on October , 13-14,1989 at SKIMS , Srinagar.
6. Participated in one week Programme on Management for Nursing Administrators Course w.e.f August 31,1991 of Indian Society of health Administrators (ISHA) at Bangalore.
7. Participated in 3rd National Congress , Nursing Research of Society of India , held on 28-30 October, 1991, at college of Nursing Ahmadabad (Gujrat).
8. Participated in one week Training Programme on Leadership Development held at Indian Institute of Workers Education, Kerala, Bombay w.e.f 24-4-92 to 01-05-1992.

9. Participated in Workshop on Revision of General Nursing and Midwifery and B.Sc (N) Post Basic Nursing Syllabus organized by Indian Nursing Council T TNAI, New Delhi in August, 1997.
10. Attended one day Programme of demonstration of 'Colour Doppler Milk Stress, Transesophageal Multipurpose probe, Tread Mill & C-arm', organized by Department of cardiology, SKIMS, October, 1997.
11. Attended an Oration Current Trends in Invasive Cardiology Delivered by Prof. M.Khalil-ullah on 5th December, 1997.
12. Organized & Presented a paper in a Seminar on 'Quality Assurance in Nursing' on 09-10 July, 1998 at SKIMS, Srinagar.
13. Participated & Presented paper on Role of a Nurse in Prevention of AIDS, on AIDS day on 31st December, 1998 at SKIMS, Srinagar.
14. Participated in a symposium in Rheumatic heart Disease on 24-04-1999 at SKIMS.
15. Participated in two days Silver Jubilee Symposium on "An update on Clinical Immunology", 24th - 25th August, 1999.
16. Participated in International Women's Conference on Women's status : vision & Reality : Organized by TNAI India & M.C. Master University Canada at New Delhi w.e.f 27th February to 2nd March, 2000.
17. Participated in International Workshop on Leadership Organized by 'Common Wealth Nurses Federation' at New Delhi on 2nd & 3rd March, 2000.
18. Participated in Executive Meeting and attended XIX SNA National Biennial Conference at Mandapally Chittoor, U.P October 15th -21st, 2000.
19. Participated in IGNOU Script Writing Programme during 1st-7th October, 2000.
20. Organized & Presented papers in one day Seminar on role of Nurse in Neonatal care 115th November, 2000 at SKIMS
21. Participated in 9th Post Graduates Research Programme Millennium Presentation 22nd - 23rd November, 2000.
22. Organized one week Aanganwari Workers programme w.e.f 1-7 August, 2001.
23. Participated & Presented papers in 7th Biennial Conference of Nursing Research Society of India, 31st August -2nd September, 2001 at Choithram College of Nursing, Indore, M.P. India
24. Participated in Executive Meeting 7XIX TNAI Biennial (68th) Conference at Panaji(Goa) October, 2001.
25. Participated in National Conference of Nursing Research Society of India on Evidence based Nursing Research at K.L.F. Society Belgium, Karnataka, October 21st -23rd, 2002.
26. Participated in TNAI Executive Meeting on May 12-14, 2001 at New Delhi.
27. Organized (& presented two papers) Ten days In -Service Education Programme/ Workshop on Nursing Management. February, 4-14, 2002.
28. Organized a seminar on Stress Management 12-13 May, 2002 at SKIMS.

29. Participated & Presented Paper on Nursing Education, in State Level Nurses update June,2002.
30. Participated & Presented paper on Palliative Care in AIDS In -Service Education Programme at SKIMS, August,2002.
31. Organized a two days Programme on Women's Health at Department of Nursing Education SKIMS , April 7th & 8th , 2003.
32. Organized Ten days In-Service Education Programme on latest Trends in Surgical Nursing 4-14, August,2003.
33. Chairperson of Seminar on SARS July, 2003 nursing Education SKIMS.
34. Organized one week Anganwari Workers Programme 13th -18th October , 2003 at Nursing Education, SKIMS.
35. Participated in two days Programme on " Consultation with health workers on the Draft Legislation on HIV/AIDS"22nd 23rd November,2003 at Mumbai.
36. Organized world Health Day 'Road Safety is no Accident'7th April,2004.
37. Organized Ten days In-Service Education Programme w.e.f 21st -31st July,2004 at SKIMS on Advances in Medical Nursing .
38. Participated & Presented Paper ,in three days national Workshop of Nursing Research Society of India On Policies, Perspectives in Nursing Research 4-7 November at Calicut College of Nursing , Kerala.
39. Participated & Presented paper on HIV/AIDS and Co-affections In MIDCON-CM ,2004 October at Srinagar.
40. Organized & Presented Paper in ten days continuing Education Programme on Policies, Perspectives & Challenges in Mental Health Nursing , August,3rd -13th 2005, at College of Nursing , SKIMS.
41. Participated & Presented paper & Worked as source person in IX National Biennial Conference of NRSI 6-8 February ,2006 Organized by AMT , GMC, Jammu ,on Challenges faced by Nurses & Midwives in Prevention & Control of HIV/AIDS.
42. Participated & Presented paper in five days seminar organized by school of Health Sciences, IGNOU from 09-08-2010 to 13-08-2010.
43. Organized & Presented paper in ten days DGHS sponsored CNE Program at SKIMS w.e.f 06-04-2010 to 16-04-2010
44. Organized & Presented paper in ten days DGHS sponsored CNE Program at SKIMS w.e.f 09-02-2011 to 19-02-2011 on Emergency Nursing .
45. Participated in 14th National Conference of Research Society of India on 28th and 29th October, 2010 at Bangalore, Rajiv Gandhi University.
46. Presented two review papers on Nursing Assessment and Management of stroke patients at SKIMS & Bibi Halima College of Nursing , February, March 2011.
47. Guided more than 40 Nursing Research Projects for undergraduate (B.SC(N)) Nursing Program.

48. Participated in five days workshop on counselling skills at NIHFW , New Delhi February , 2012.
49. Participated in SOMI Workshop at Hyderabad March 2012.
50. Organized , Participated & Presented paper in national SOMI Conference September 2012.
51. Participated in five days international training Program in the use of WHO formulated Mental Health gap intervention guide co-ordinated by RCP Landon & DHS Kashmir, 23rd-27th September 2013.
52. Participated & Presented paper in Seminar organized by SOHS , IGNOU New Delhi 29th November 2013.

MEMBERSHIP.

1. Punjab Nurses Registration Council/Indian Nursing Council:
 - Nurse E.P 16285
 - Midwife E.P.13140
2. Trained Nurses Association of India life Member,LM.18360
3. Nursing Research Society of India Life Member LM.027.
4. Indian Society of Hospital Administrators (ISHA)
 - Life member LM.-1532.
5. Voluntary Health Association of India Life Member.LMJK-555
6. Central Health Education Bureau Govt. Of India for "Swasth Hind".
7. Director Health Services Punjab for "SEHAT".
8. Nursing Academy for Midwives-Hyderabad.
9. Member Nursing Honor Society of India & Hall of Fame , INC.9-2001.
10. Initiated & launched M.Sc Nursing at SKIMS Nursing College during April 2012.
Nursing Expert for University of Kashmir & Jammu University.