

CURRICULUM VITAE

Name : **Dr.(MRS). LARISSA MARTHA SAMS**
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LAXMI MEMORIAL COLLEGE OF
NURSING
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PROFESSIONAL QUALIFICATION:

YEAR	NAME OF THE COURSE	COLLEGE / SCHOOL	UNIVERSITY / SCHOOL	CLASS OBTAINED
1989 - 1993	Basic B.Sc Nursing	Fr. Muller's College of Nursing, Mangalore	Mangalore University	I st Class
1995 – 1997	M.Sc Nursing (Medical Surgical Nursing)	College of Nursing, MAHE, Maipal.	Manipal Academy of Higher Education (MAHE) University	I st Class
1998 – 2000	M..Phil Nursing (Part Time)	College of Nursing, MAHE, Manipal.	Manipal Academy of Higher Education (MAHE) University	I st Class
2007 - 2011	Ph.D Nursing	Guide –Dr.Alamelu Venkatarman	Vinayaka Missions University, Salem	

PROFESSIONAL EXPERIENCE: Total of 19 years after PG and 21 years after UG

PROFESSIONAL REGISTRATION NO.

1. Trained Nurses Association of India (TNAI No.) : 54707
2. Karnataka Nursing Council - Registered Nurse No. 15037
- Registered Midwife No. 13010
- Registered PG Nurse No. 65
3. Life member of Society of Indian Neuro-Science Nurses (SINN)
4. Life member of Oncology Nursing Association of India (ONAI)
5. Life member of Nursing Research Society of India (NRSI)
6. Life Member of Asian Association of Cardiac Nurses. (AACN)

7. ORCID ID – 0000-0002-7987-0492

ADDITIONAL INFORMATION:

- Chairperson, PG Board of studies Nursing Rajiv Gandhi University of Health Sciences, Bangalore since OCT 2021 till date
- Member, Faculty of Health Sciences-Nursing & Allied Health Sciences, Adichunchanagiri University since 2019
- Certified by PHRP Online training on **Protecting Human Research Participants** in 2019.
- Elected as General Council Member, Indian Nursing Council in the Election held on May 2017.
- Expert nominated by the Vice Chancellor to Faculty of Nursing from 2017
- Vice President, Mysore Zone, TNAI-KSB since July 2015.
- Editorial Board Member (National), Manupal Journal of Nursing & Health Science” (MJNHS) since 2014
- Member BOS, Nursing (PG) Yenepoya University, Mangalore 2010-12; 2012-2015.
- Member, Editorial Board, International Journal of A.J. Institute of Medical Sciences, since 2012.
- Research expert at Yenepoya University for PhD research presentations.
- Assistant Editor, RGUHS Journal of Nursing Sciences since 2010
- External Member, Institutional Ethics Committee, since 2010.
- Member, Editorial Board, International Journal of Nursing Education 2010-13.
- Member BOS, Nursing (UG) RGUHS, Bangalore, 2009-12.
- Certified by Indian Nursing Council as Master Trainer for HIV/AIDS and ART Training of Nurses G F A T M Project
- Certified by Indian Nursing Council as Trainer for Tuberculosis Training of Nurses under G F A T M Project.
- Resource person for HIV/AIDS and ART Training of Nurses funded by NACO organized by Manupal CON, Mangalore since 2010.
- Won the First Prize in Paper presentation in I International and VI National Oncology Nursing Conference 2003 - Mumbai.
- Held the post of Organising Secretary of National Nursing Conference on "Disaster Management organised by Fr. Muller's CON 2001.

- Awarded prize by MAHE University for securing First Position in "Research in M.Phil. Nursing" during 1999-2000.
- Co-Guide/Guide for PhD nursing –Yenepoya University, RGUHS,Bangalore
- Guides PG nursing students
- University Examiner in Rajiv Gandhi University of Health Sciences, Bangalore, , Goa University, Goa, MANIPAL University - Manipal, Kannur university ,Kerala, Vinayaka Missions University, Salem, The Tamilnadu Dr.M.G.R. Medical university, Chennai, NITTE University, Mangalore, Yenepoya University, Mangalore.
- University Examiner for P.hD in MGM University, Navi Mumbai, Savitha University, Chennai

PROFESSIONAL DEVELOPMENT:

1. Recourse Person on Mixed Method Research for P.h D Nursing students at Masood College of Nursing, on Dec 4th 2019.
2. Resource Person for the Seminar on Systematic Reviews organized at Al-Shifa College of Nursing, Perinthalmanna, Kerala, on 7th Sept 2018.
3. Resource Person (Moderator) for the Panel discussion on “Attracting and Retaining Nursing Workforce” on 14th June 2018, at Fr.Mullers College of Nursing, Mangalore.
4. Resource Person for the National Seminar regarding "**Application and utilization of Research in Nursing Practice**" held on 12.04.2018 at Vinayaka Missions Annapoorna College of Nursing, Salem
5. Resource Person for the Seminar for on Basics of Research Measurement, Tool construction, Reliability and Validity of Tool organized at Al-Shifa College of Nursing, Perinthalmanna, Kerala, on 23rd Aug 2017.
6. Speaker at **5th Annual Worldwide Nursing Conference- 2017** July 24th and 25th held in SINGAPORE.
7. Resource Person (Moderator) for the Panel discussion on “Attracting and Retaining Nursing Workforce” on 14th June 2017 at Fr. Mullers College of Nursing, Mangalore.
8. Speaker at National level conference on Quality Assurance in Nursing Practice: Global health forum, held at Sri Satya Sai Institute of Higher Medical Sciences College of Nursing, Bengaluru on 16th Dec-2016.
9. Attended National workshop on drug evaluation under the aegis of Indian Pharmacological Society organized by department of pharmacology A.J Institute of Medical Sciences, Mangalore, on 23rd &24th September, 2016.
10. Speaker at Zonal workshop-Facets in Critical Care Nursing, held at Laxmi Memorial College of Nursing, Mangaluru in collaboration with TNAI Karnataka State Branch on 5th March-2016.

11. Chaired a session in CME programme on “Dementia-Remember me” organized by department of psychiatry at A.J. Institute of Medical Sciences, Mangalore on 16.12.15.
12. Speaker at Regional Level seminar on “Nurse Practitioner Course In India” on 24th Nov 2015, at Laxmi Memorial College of Nursing, Mangalauru.
- 13. Resource Person in the CLINICAL RESEARCH WORKSHOP organized by Nitte University held between 29th -31st October 2015.**
14. Attended pre conference workshop on Research Methods By Dr.DENNIS.F.POLIT organized by Manipal College of Nursing , Manipal, on 2^{3rd} January, 2015.
15. Resource Person in the 16th National &3rd International Oncology Nursing Conference on the topic “cancer related fatigue and its management” held 13th -15th Nov 2014 Tata Memorial Hospital in collaboration with Oncology Nurses Association of India at Mumbai.
16. Presented paper on New Horizons in Neuro nursing at on the 34th Annual Conference of the society of Indian Neuroscience Nurses held at NCPA, Mumbai held from Dec 12th-Dec 16th 2013.
17. Attended workshop on Good Clinical Practice-2013 under the aegis of Indian Pharmacological Society organized by department of pharmacology A.J Institute of Medical Sciences, Mangalore, on 2nd & 3rd August, 2013.
- 18. Resource Person at NITTE University, Mangalore at Research & Development Center for Interdisciplinary Sciences for PhD students held between 10 – 14th JUNE 2013.**
19. Resource Person in the regional level conference SANCON-2013 “Interpretation of data analysis, writing scientific paper” on 16th and 17th Jan 2013 at St. ANN’S College of Nursing, Mangalore.
20. Resource Person in the State level conference on “Innovation in nursing administration” on 18th and 19th Jan 2013 at Athena College of Nursing, Mangalore.
21. Resource Person in the regional level conference on “**EDUTRENDS**-Broadening the Horizon of Education” on 07.12.12 at Sahyadri College of Nursing, Mangalore.
22. Resource Person in state level workshop on “research methodology on 08.08.12 at Zulekha college of Nursing, Mangalore.
23. Resource Person at YENEPOYA University, Mangalore for P.hD students, from 17th – 21st Jan 2012.
24. Resource person at Mother Theresa Institute of Health Sciences, college of nursing, Govt of Puducherry, on “Enhancing rigor In Quantitative Research Design” on January 5th 2011.
25. Resource Person in the National level Conference on “National Conference on “ Mapping our ways to future knowledge transfer – Incorporating innovative teaching strategies” and delivered talk on **Curriculum Innovation** in Nursing on 9.12.11 at SRM College of Nursing, SRM University, Chennai.

26. Speaker in the symposium IV of the First National Symposium on Leadership in Nursing on 19th and 20th May 2011 at Thrissur, Kerala on the topic **“Nursing Leadership – strategies and competencies”**
27. Resource Person at NITTE University, Mangalore at RESEARCH & DEVELOPMENT CENTER FOR INTERDISCIPLINARY SCIENCES for P.hD students held between 10 – 14th May 2011.
28. Resource Person in the Continuing Nursing Education programme and had a session on “teacher education-change student selection and preparation” on 19th March 2011 at Fr.Mullers College of Nursing, Mangalore..
29. Resource Person in nursing conference and had a session on “Prevention and management of medication errors” on 26th March 2011 at SCS College of Nursing, Mangalore.
30. Resource Person in the 1st National level Conference on “Futuristic Nursing” and delivered talk on
31. **“Future trends and issues”** in nursing on 9.11.10 at College of Nursing, Govt. Medical College Madurai.
32. Resource Person in the National level Conference on **“Advancing Excellence in Nursing- in the Indian Context”** held on 22nd Sep 2010 at College of Nursing, SRIMPS, Coimbatore, in collaboration with ICMR, Coimbatore.
33. Resource Person at NITTE University, Mangalore at RESEARCH & DEVELOPMENT CENTER FOR INTERDISCIPLINARY SCIENCES for P.hD students held between 10 – 14th May 2010.
34. Speaker in the scientific session of the 4th National Seminar on Evidence Based and Integrated Medicine for Lymphatic Filariasis, other Chronic Dermatoses and HIV/AIDS on 29th November to 1st December 2009 at Kasaragod, Kerala on the topic **“Nursing Research in India Where does Dermatology stand?”**
35. Presented paper on “Factors affecting early treatment of Stroke patients in India” at 29th Annual conference of Society of Indian Neuroscience Nurses, held at Pune, 17th-19th Dec 2008.
36. Presented paper on **“Quality of life of COPD Patients”** at **62nd National Conference of TB & Chest Diseases held at New Delhi 14th-16th Dec 2007**
37. Presented paper on “psychosocial problems of neurologically ill patients-nursing perspectives” at 28th Annual conference of Society of Indian Neuroscience Nurses, held at Agra, 14th-17th Dec 2007
38. Attended Workshop on Biostatistics and Research “held at Fr.Mullers College of Nursing on Aug 30th - 31st 2007 .

39. Attended workshop on Innovative approaches in nursing theory application held at Vinayaka Missions Annapoorna College of Nursing Salem, in May 2007.
40. Speaker at the 7th Asian cardiac nursing conference from 20th Feb to 21st Feb 2007 held in New Delhi
41. Resource Person at ‘Aspiring towards excellence in nursing research’ at Sri Ramakrishna College of Nursing, Coimbatore. On Sept 12th 2006.
42. Resource Person at ‘Research Methodology’ Workshop at Meridian college Mangalore on May 2006
- 43. Presented paper on "Oral Cancer" in I International and VI National Oncology Nursing Conference 2003 – Mumbai.**
- 44. Presented the paper and poster on "Oral Cancer and Quality of life of Patients” at the 12th International Conference on Cancer Nursing - 2002 - Wembely, London, U.K.**
45. Presented paper on “Multiple Sclerosis and Physical Activity” in 23rd Annual conference of the Society of Indian Neuroscience Nurses, Ernakulam, 2002.
46. Participation in CE-2002 offered by College of Nursing CMC College of Nursing, Vellore and scored 95%.
47. 22nd Annual Conference of the Society of Indian Neuroscience Nurses – Mumbai, 2001.
48. CAMHADD International Consultative Workshop on Partnership - WHO/UNFPA Bangalore-2001.
49. Fourth Asian Cardiac Nursing Conference, 2001 - by Asian Cardiac Nurses Association - New Delhi.
50. National Nursing Conference on "Disaster Management" organised by Fr. Muller's College of Nursing, Mangalore 2001.
51. Second National Critical Care Nursing Conference, 2000 - by Indian Association of Critical Care Nurses – Mumbai
52. Third National Oncology Care Nursing Conference, 1999 – by Oncology Nurses Association of India – Mumbai.
53. National workshop on “Clinical Supervision and Performance Appraisal of Nursing Personnel” conducted by R.A.K. College of Nursing, New Delhi, 1999.
54. CME programme, 1997 by Mangalore Psychiatric Society and Department of Psychiatry Fr. Muller’s Institution

PUBLICATIONS

1. Diana Lobo. Larissa Martha & Shalini Lobo. Factors Influencing Adherence to Infection Control Measures Among Health Professionals Saudi J. Nurs. Health Care.; 1(4) 2018;; 259-267

2. Shalini Lidwin Fernandes , Larissa Martha Sams , Diana Lobo.(20`8). Impact of Multi-intervention on attitude among health care professionals on practice of infection control measures in selected wards of hospital at Mangaluru, Karnataka, India. IOSR Journal of Nursing and Health Science (IOSR-JNHS) 7(5 Ver. I) (PP 24-27. DOI: 10.9790/1959-0705012427
3. Sams Larissa Martha., Lobo Diana., Fernandes Shalini and Marla Amitha (2018)Infection control measures status and effect of training sessions among health care professionals in multispecialty teaching hospital, Mangalore, India. International Journal of Recent Scientific Research,9, 7(D), 27964-27969,
4. Aranha PR, Sams LM, Saldanha P. (2017).Preoperative preparation of children. Int J Health Allied Sci , 7;6:1-4.
5. Larissa Martha sams. Effectiveness of information education and communication [IEC] package on quality of life among patients with COPD in selected hospitals of Dakshina Kannada, Karnataka. Annual International conference Proceedings, 24-25th July, Singapore, 5th Worldwide Nursing Conference, Global Science & Technology Forum.
6. Aranha, P.R., Sams, L.M., Saldanha, P. (2017). Effectiveness of Multimodal Preoperative Preparation Program on Children Undergoing Surgery. *Int. J. Adv. Nur. Management*, 5(4):339-346. DOI: 10.5958/2454-2652.2017.00072.5
7. Jose .L., Sams ,L.M., & Abraham , A.G. (2017).Assessment of Self-Reported Health Status among Coronary Heart Disease Patients in Comparison with General Population in Selected Hospitals, Mangaluru*Int. J. Nur. Edu. and Research*. 2017; 5(2): 170-174.
8. Aranha PR, Sams LM, Saldanha P. (2016). Impact of multimodal pre-operative preparation program on children undergoing surgery – A pilot project. Manipal Journal of Health sciences, 2016, 2(1)31-36.
9. Aranha PR, **Sams LM**, Saldanha P. Impact of preoperative education program on parental anxiety: A pilot project. Arch Med Health Science 2016;4:30-4
10. Peter, A.K.,& **Sams, L.M.**(2016). Effectiveness of nature-based sound intervention on agitation, anxiety and stress among patients under mechanical ventilator support in selected hospitals at Mangalore. *Asian Pacific Journal of Nursing*, 3(1), 13-22.
11. Peter, A.K.,& Sams, L.M.(2016). Assessment of the quality of life and coping strategies among male and fe,amle patients attending OPD with myocardial infarction in selected hospitals at Mangalore *International Journal of Nursing Education & Research*. 4(1)1-6.
12. Menezes, R.R., & Sams, L.M.(2015). Abdominal Takayasu Aorta Arteritis. *International Journal of Advances in Nursing Management* 3(4), 385-88.
13. D. Beulah Jebakani, Gowri Sethu, Arumugam Pahinian, R. Megala Devi, Shashidaran Kotian and Larissa Martha Sams. Effects of Therapeutic Exercises on Pain and Physical Disability in Adults with Knee Osteoarthritis. *Asian Journal of Scientific Research*, 2015, 8: 74-79.
14. Shamna Majeed Abdul Majeed &Sams, Larissa Martha(2015). Assessment of Information Needs among Patient with Myocardial Infarction in Tertiary Care Hospital in Mangalore. *Indian Journal of Public Health Research & Development*; 6(3) p58.
15. Jose .L., &Sams ,L.M.(2015).A correlation study on patients satisfaction with their pain management and their comfort level after open heart surgery in selected hospital at Mangalore. *International Journal of Nursing Education and Research*, 3(4)419-422.

16. Dennis, SW., & Sams, L.M.(2015). A Pilot study on aerobic exercises and Inspiratory muscle training in reducing dyspnoea among heart failure patients. *International Journal of Science and Research* (Indexed in Index Copernicus), 4(1).1676-83.
17. Jithin Joseph and Larissa Martha Sams.(2015). Assessment of anxiety and depression among patients with myocardial infarction, who are admitted in cardiac care units of selected hospitals in Mangalore. *International Journal of Nursing Education & Research*. 2(1)1-5.
18. Lynett D'Souza & Larissa Sams. (2015). Comparison of personality profile and coping strategies among heart disease patients and nonpatient groups in in selected hospitals, Mangalore. *International Journal of Nursing Education and Research*, (3)4, 400-105.
19. Aida Chacko & Larissa Martha Sams(2015). Assessment of adherence of COPD patients to respiratory drug therapy in a tertiary care hospital in Mangalore. *Asian Journal of Nursing Education and Research*, 5(1) 31-37.
20. Asha T Mathai and Larissa Martha Sams.(2015). Assessment of quality of pain and contributing factors affecting level of pain among patients who had undergone cardiac surgery in selected hospitals, Mangalore. *Asian Pacific Journal of Nursing*. 2(1)8-11.
21. Aida Chacko and Larissa Martha Sams.(2015). Effectiveness of preoperative teaching on postoperative exercises in preventing selected post operative complications among abdominal surgery. *Asian Pacific Journal of Nursing*. 2(1)12-16.
22. Seetha.Thottuvelil and Larissa Martha Sams.(2015) Effectiveness of skill training programme (STP) on cardiopulmonary resuscitation [CPR] on knowledge and skill among students of selected colleges in Mangalore. *Asian Pacific Journal of Nursing*. 2(1):25-32.
23. Raji Varughese, & Larissa Martha Sams.(2015). Survey of Patient Safety Culture among Hospital Staff in Selected Hospitals at Mangaluru. *International Journal of Nursing Education and Research* 3(4), 363-70.
24. Baby Elizabeth. Larissa Martha Sams.(2015) Assessment of knowledge of patient regarding coronary artery disease among patients in selected hospitals at Mangalore. *Asian Journal of Nursing Education and Research*, 5(2)177.
25. Soumya Susan Sam, Larissa Martha Sams.(2015). Assessment of the level of anxiety and stress among patients in cardiology wards of selected hospitals, Mangalore. *Journal of Advanced Nursing Practice*.2(1)1-4.
26. Larissa Martha Sams. & Shalini Fernadez. (2014). Integrated catheter care pathway package regarding indwelling urinary catheter care on knowledge among staff nurses in a selected hospital Mangalore. *The Journal of Nursing Trendz*. 5(1)15-17.
27. Leenu John & Larissa Martha Sams.(2014) Assessment of level of awareness on treatment and control of hypertension among hypertensive patients in selected hospitals, Mangalore. *International Journal of Nursing Education and Research*, (1) 1, 1-5.
28. Asha T Mathai& Larissa Martha Sams(2014). Assessment of the Level of Anxiety, Fear and In-hospital Social Support by Nurses for Coronary Artery Bypass Grafting Patients on the Day, Before and Two Days after surgery at Selected Hospitals in Mangalore at Selected Hospitals in Mangalore . *Inventi Impact Advanced Nursing*, (4)188-193.
29. Ramya Philip, & Larissa Martha Sams.(2014). A Correlation Study on the Fear of Hypoglycaemia and Self-care Ability of Patients with Type 2 Diabetes Mellitus on

- Insulin Therapy in Selected Hospitals in Mangalore. *Inveni Impact Advanced Nursing*, (4)194-199.
30. Linumol & Sams,L.M. (2014). A study on assess the level of awareness of people on heart and lung transplantation in selected urban areas of Mangalore. *American Journal of Advances In Nursing Research*. 2(1)1-6.
 31. Honnagouda Patil, Larissa Martha Sams.(2014). Effectiveness of heparin flush and normal saline flush for the maintenance of patency of peripheral intra cath line among the patients admitted to medical-surgical wards of selected hospital. *Indian Journal of Health Sciences and Biomedical Research* 7(1), 22-26.
 32. Sams,L.M. (2013).Health Care Reforms and Nurses as Essential and Integral Part. *International Journal of Nursing Education*. January-June., 2013, Vol.5, No. 1, pp97-102.
 33. Sams, L.M.(2011). Patient education programmes improvements in outcomes in COPD”, in *Nightangle Nursing Times*, 6(3)42-44.
 34. Published article on “Quality of Life of Oral Cancer Patients” in Journal “Nurses of India”.
 35. Published Paper on quality of life of oral cancer patients in “Indian Journal of Nursing”, published by TNAI – India in 2001.
 36. Sams, L.M. (2014 November). “Cancer related fatigue and its management . Proceedings of 16th National &3rd International Oncology Nursing Conference at Tata Memorial Hospital in collaboration with Oncology Nurses Association of India at Mumbai held 13th -15th Nov 2014.
 37. Martha, L.(2013).Needs of family members of critically ill brain-injured and neurology patients. Proceedings of 34th Annual Conference of the Society of Indian Neuroscience Nurses held at NCPA, Mumbai held from Dec 12th-Dec 16th 2013.
 38. Presented paper on “Factors affecting early treatment of Stroke patients in India” at 29th Annual conference of Society of Indian Neuroscience Nurses, held at Pune, 17th-19th Dec 2008
 39. Martha, L.(2007). “Psychosocial problems of Brain injury patients- A Nursing perspective”. Proceedings of 28th Annual conference of Society of Indian Neuroscience Nurses, Agra,(pp 10).
 40. Martha, L.(2003 March). “Quality of life of oral cancer patients in Karnataka, India. Proceedings of I International and VI National Oncology Nursing Conference 2003 – Mumbai.(pp48).
 41. Sams, L.M. (2002). Oral Cancer and Quality of life of Patients presented the 12th International Conference on Cancer Nursing - 2002 - Wembely, London, U.K. (pp 10).
 42. Martha, L.(2002 December). “Assessment of perceived health status and Physical Activity Multiple Sclerosis(MS) patients”. Paper presented at the Proceedings of 23rd Annual conference of Society of Indian Neuroscience Nurses, Cochin,(pp 21).

a. Place:
Date:

(Larissa Maratha)

