

Key Note Address

Nursing Challenging in Changing Health Care Environment (Scientific Session - I)

Health is a dynamic state of body and mind, changing, adapting and developing on a continuum ranging from wellness to illness. Perception of health is uniquely personal, with diverging interpretations; therefore, the optimal level of wellness is distinctive to each person. In addition Health care is becoming more stressful and facing new and significant challenges as we are moving on to centuries. It is now more diverse with life threatening diseases as the global health threats continue to emerge.

The quality of Health care is one of the most important issues for the people of today. It can also be viewed as a violent revolution.

Restoration of health care delivery system is grounded in humanistic values. Sri Vinod Hinduja said during ICM centennial conference that constant change in Health care system poses a formidable challenge to the nation.

Caring is the heart and soul of smart nursing. Our sources of energy just as the sun-solar system caring, is the engine that drives the components of nursing as it radiates energy through everyday practice.

Nursing is viewed as a human science incorporating nursing knowledge as well as relevant information from the arts and science.

The vision of Nursing is to provide an environment where caring sustains optimal healing and wellness. Nursing will fulfill its mission by caring core values including compassion,

acceptance, respect and empathy.

The ever changing dynamics of the current health care environment challenges the profession of nursing to continue to identify and articulate the contribution of nursing in the delivery of high quality health care.

Nursing is a system driven by change which interacts with other systems and changes occurring through inputs which advance nursing care along the continuum. The desired outcome of a professional nurses' role remains to support an optimal functioning of the system.

Nursing dynamic system is defined by four components: clinical care delivery, professional development, leadership and collaborative practice - which are not independent but a highly dependent process.

Some efforts are put forward in identifying the nursing challenges.

- I. Make nursing education process effective and efficient why?
 - (a) Because at present it is inadequate to meet the new challenges,
 - (b) It is not customer responsive,
 - (c) Inadequate integration of nursing education and practice, and
 - (d) Few forums or mandates for change.
- II. Create new practice / professional model:
 - (a) Primary nursing - maternal child health.



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- III. Move nursing to strategic level:
 - From commodity to value level
 - By position to add value
 - By articulating nursing values
 - By driving nurses to cost consciousness and control.
- IV. Applying core capabilities of skilled registered nurses for example by care management.
- V. Providing strategic leadership which advances professional nursing education, research and practice.
- VI. Develop leaders to meet the challenges.
- VII. Develop communication skills for political success.
- VIII. Getting Free media coverage for nursing issues.
- IX. Move from practice to policy.
- X. Research as a political and policy tool.

XI. Develop model and methods for accounting for nursing contribution to care.

Indian Nursing Council President Sri Dilip Kumar in his speech on the eve of "Nursing conclave" organised in Mumbai presented that to strengthen Nursing service in the changing Health care environment, the core issues to be addressed are:

- (a) Human resource planning and capacity building
- (b) Evidence-based practice
- (c) Management of personnel
- (d) Education and leadership.

Let us ask some questions:

1. Do I see change as an opportunity or a threat?
2. Have I improved my communication skills?
3. What responsibility will I take for my actions and of those responsible to me?

Our Response

- Have confidence that our

profession is mature, competent and creative enough to be an important partner in this new reality of change.

- Re-think the strengths of our profession to ensure visibility in the new environment.
- Envision a new way of being an efficient nursing professional in this new reality of change.

Was there a failure, if - yes - why?

- Because of continued challenges
- Failure in effective utilisation of competency and skills
- Failure of nurses to be valued and credible leader in the changing health environment.
- Failure to create a truly responsive health system.

Some observers say that our nurses have already taken these challenges and have shown being adjusted pretty well to these challenges.

Finally our vision should be, Establishing:

- (a) Centre of excellence in Nursing Research
- (b) Centre for life-long learning
- (c) Assets for promoting health and well being
- (d) Innovative resource for education
- (e) Support of community.

In short I highlight that to face the challenge:

- (C) Be Creative
- (H) Be Honest
- (A) Be Assertive
- (L) Be Good Listener
- (L) Be Good Learner
- (E) Be Encourager
- (N) Be Negotiator
- (G) Be Gentle
- (E) Be Engaged Always

To Conclude

Be passionate to change oneself for changing nursing care delivery in the changing Health Care Delivery system

"There is no beginning or end, you must make your own Map"

- Joy Horjo in a poem, A map to the next world

Thank you.

General Challenges

- ☐ Providing Health Care to a diversified population
- ☐ Promoting the health of population in an uncertain health care
- ☐ Managing rapidly changing health knowledge and health care
- ☐ Recognising the local and global significance of health issues and health care collaboration
- ☐ Engaging in community-based and institutional-based nursing practice
- ☐ Conducting Research that is evidence-based nursing practice and for promoting prevention and disease management
- ☐ Participating in life long learning on all aspects

Specific Challenges

- ☐ Entry into practice
- ☐ Reformation in political agenda. Speak on those delivering the health care rather than on economic interest alone
- ☐ Make managers know that nurses are great assets, they are health care gold rather than thinking

that Nurses are another expenditure

- ☐ Empower Nurses in the changing health care environment
- ☐ Nursing Faculty not only do teaching but also practice
- ☐ Help to address the work environment issues
- ☐ Develop a strong net working system
- ☐ Develop collaborative nursing Research and models of practice of effecting policy

Practice Model

- ☐ Enter with as a Midwife Practitioner
- ☐ Develop strong preventive nursing practitioner and conduct
- ☐ Act promotional practitioner Nurse - Health - Promoter
- ☐ Develop long term skilled nurse practitioner (curative)
- ☐ Act facilitator nurse practitioner to Nursing education, practice research
- ☐ Evolve challenge modules