

ardent hopes, and she expressed her gratitude for the help she had received all over the country—help which had resulted in Baby Week being celebrated in over 300 cities and districts in India.

On the 2nd February the Baby Show took place and 610 babies entered. The Lady Reading gold medal for the best baby in the show was carried off by the baby son of the M.O.H. A special class was reserved for babies attending an Infant Welfare Centre, and the best baby got the Lady Reading silver medal. This was given to the child of a widow whose husband had died during the plague epidemic before the infant was born. The mother earned her living and looked after her little family and well-deserved the medal. Her Excellency presented the prizes and spoke a few words to each mother.

Sir Frederic Whyte then addressed the audience and gave some statistics of Infant mortality in the various cities of India. He pointed out that Delhi had the lowest rate but it had still a long way to go before it reached the same level as London, the Imperial capital.

Dr. Shroff got up to thank Her Excellency and evoked much merriment by commencing "The Baby Week is over, thank God." He later amended the statement by adding 'successfully' but he had unconsciously voiced the sentiments of most of the organisers.

After tea Her Excellency walked round the stalls and having thanked the Committee, she left. So ended the first Baby Week in India; it is hoped it will be an annual affair and that its teaching will bear fruit in proportion to the enthusiasm of its promoters.

## HEALTH HINTS.

### BROADCAST IN AMERICA.

By DR. HARRIETT VAN BUREN PECKHAM.

**N**OWADAYS we hear a great deal about environment as a leading factor in the development of character and also maintaining the health, but there is another important factor to be considered, which is what sort of materials we use in building the structure we call our bodies where dwells the mind which differentiates each individual from every other one. We read in Sacred Writ that when God had breathed into man the breath of life that the creature thus produced was called good. It is surely fair to assume that there was no disease present, but we do know that down through the centuries since then there have been such frequent transgressions of the laws of the Universe with the usual compensation of consequences that many persons suffer from various forms of bodily, mental and spiritual disease or rickness.

From a scientific standpoint, it is necessary to discover causation in order to become efficient in removing the effects. The Almighty created for man