

TEACHING HYGIENE IN THE WILDS.

By H. R. S.

WHEN I was in Chota Nagpur I realised the need for teaching the indigenous dais and the need is just as urgent up here.

It has been part of my plan of work to have such classes and I have only been prevented from carrying it out, by lack of suitable accommodation. I hope to get them started in the course of the next few months. What pleased and surprised me very much was the fact that the dais are actually asking for instruction.

When I first came up here, I went touring—a sort of travelling dispensary—visiting the Christian villages and staying on an average 2 or 3 days in each place, having talks with the women and girls, giving them some simple instruction in 'First Aid' and attending to any sick folk who needed us. They were very keen to learn and I encouraged them to ask and answer questions.

In some of the villages we had quite big classes, over 200 in one place—Christians and Non-Christians. It was all very thrilling and interesting—one got to know the people and how they lived. But this kind of work needs to be repeated at regular intervals to be of any real benefit to the people, and this at present is not possible in such a big district—I could at most only visit them twice a year. In the rainy season it is practically impossible to go touring.

Another thing which is very unsatisfactory from a Nurse's point of view, is that one finds cases of serious illness, such as Pneumonia, Pluerisy, etc., and to attend to them for two or three days and then have to leave them, knowing full well that the medicine and food, which ought to be given four hourly, will only be given morning and evening, is not ideal. They will not go to Hospital—many would rather die.

It occurred to me that if we could have a woman in each village who could look after such sick folk, it would be a tremendous help.

With this end in view, and with the approval of the Bishop, I hope to have classes for these women. One from each village will be chosen by the villagers themselves and sent in to me here for a month's instruction in simple nursing and care of the sick. They would then return to their villages to work. Those employing them would pay them in money or in kind according to their means.

They would come in to me from time to time to report and for a refresher course. By this means I think we shall be able to reach and help more people.

On the whole these people are not poor and I do not intend them to be any expense to the mission—I want them to be self-supporting—the people of the village paying the railway fare of those who come by train, and while here they would board themselves and do their own work. We have a Dispensary which is open every day and we have, up to date, had over 500 patients (since February). As the women are practically all illiterate, the Dispensary will be a great help.

I have an Indian girl as my assistant and although she has never done anything of the kind before, she is a great help and is taking to the work very well.

The language is of course a great difficulty—it is so mixed and jumbled and it is here she helps me most.

I cannot hope to attend the cases with the dais, for I am working alone, but I shall do my best to encourage them to send for me or the nearest Doctor Babu when they have a difficult case.

NEW MEMBERS.

No.	NAME.	ADDRESS.	TRAINING SCHOOL.
1.	Miss Alice Mabel D'Arcy.	Marlborough House, Lahore.	Albert Victor and Mayo Hospital, Lahore.
2.	Miss May Dowson ..	Sisters' Quarters, G. I. P. Ry. Hospital, Byculla.	J. J. Hospital, Bombay.
3.	Miss Elizabeth Forrester.	Marlborough House, Lahore.	Southport, General Infirmary, Queen Char- lotte's Hospital, London.
4.	Miss Lilian Warmisham.	St. Stephens Hospital, Delhi.	The London Hospital.
5.	Miss Clara Emily Magill.	Nurses' Home, King Georges Hospital, Lucknow.	King George's Hospital, Lucknow. Middlesex Hospital.
6.	Miss Hedwigi Mandall..	157, Middle Row, Meerut.	Medical College Hospital, Calcutta. Victoria Zenana Hospital, Hyderabad.
7.	Miss Francis Hope Ryan.	157, Middle Row, The Mall, Meerut.	J. J. Hospital, Bombay. Queen Charlotte's Hos- pital, London.

Associate Members.

HEALTH VISITORS' LEAGUE.

8.	Miss Elsie Bertha Way- mouth.	Enfield House, Panch- gani, Bombay P.	Maternity Hospital, Liver- pool.
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