

CASE NOTES ON SPRUE

BY MISS BURKE.

I have seen a case of Sprue (Diagnosed by two doctors as such) cured by the following treatment. Parathyroid gland (Desicated) 1/10 grain (Parke Davis and Co.) taken twice a day. Calcium Lactate grs. 15 to be taken three times a day. On no condition reduce the quantity of Calcium Lactate till the patient is put on to full diet again. Rest in bed very essential, but if this is not possible, light work. Diet—Cows or buffalo milk, malted milk, once or twice a day as a change, strawberries, pear juice, sweet green plantains. Liver soup (most essential) a cupful twice a day. Make soup thus— $\frac{1}{2}$ a goat or sheep's liver, flavour with whole pepper corns, ginger and salt. Place in four cups of water and boil down to two. On straining allow small shreds of the meat to filter through. As much milk to satisfy hunger.

The case I have seen this tried on had been a patient for about five months and then gradually went on to normal diet. The symptoms of the person were distinctly that of sprue, sore mouth, diarrhoea (frothy stools whitish in colour) and this condition had been going on for some years. There was marked anaemia, and exhaustion. The patient from 130lb had reduced down to 101lb. On the all-milk diet he gradually put on weight and the diarrhoea also improved gradually, till it became normal again.

I have seen other patients treated with this treatment, and all have yielded to, though some were more stubborn than others but all were successful. I give this on the off chance that it may be useful and interest the reader.

Our moral feelings are so interwoven with our intellectual powers, that we cannot affect the one without in some degree addressing the other.

Each word of kindness,
Come whence it may, is welcome to the poor.

Seek to be useful to all by your words and actions, but more especially by your prayers.

To revive flowers.—Plunge the stems into boiling water, and by the time the water is cold, the flowers will have revived. Then cut the ends of the stems afresh and place in fresh cold water.

A good floor polish.—Save all wax candle ends in a jar, cover with turpentine, and put in the oven until it is melted. Use in the ordinary way.

A Laundry Hint.—Save all your egg shells. Crush them, tie in a bag and boil with linen on washing days. This makes the clothes beautifully white without injuring them.

To desire riches and honours is the surest sign that we are not able to use them well.

To improve worn oilcloth.—Add a tablespoonful of painter's size to the water when washing the cloth. This will give the worn surface a fine gloss.

Who gives a trifle meanly is meaner than a trifle.

Printed and Published by J. B. BUTTRICK at the Methodist Publishing House, Madras, for
MRS. L. WATTS, Kilpauk, Madras.