

pay our way and still have the balance in hand with which we started the year 1934-35 or Rs. 960 if we are just to make income and expenditure meet. This Budget is framed on the expectation of increased membership in all sections of the Association.

The Student Nurses' Association has done a very fine thing in voting some of its money for the travelling expenses of the Secretary when on tour. This action makes possible a very important part of the work of the Association.

Contributions of over Rs. 600—which includes the proceeds of the sale of work received during the Conference at Nagpur—wiped out last year's deficit of Rs. 492 and leaves us with Rs. 128 towards this year's income.

Will those who send cheques to the office in payment of bills, please add what may be required for Bank charges, if the cheque is not on a Madras Bank? Rs. 23 had to be paid by the Association for such charges last year.

H. W. SUTHERLAND,
Hon. Treasurer.

THE MOTHERCRAFT SECTION

Articles for this section will be welcomed by the Editor,
Miss Diana Hartley

NORMAL AND ABNORMAL STOOLS IN INFANCY.

A Normal Breast Fed Baby usually has from two to four stools a day, during the first month, and after that from one to three daily.

Occasionally a naturally fed infant assimilates his food so well that he will only have a motion every other day. If it is not hard but of a good colour, size and consistency, and he is neither gaining too much or too little. This is nothing to worry about, although the daily habit must be encouraged by holding him out regularly before and after feeds.

The Normal Stools of Naturally Fed Babies are smooth, the consistency of ointment, light orange in colour and are free from mucus. They occasionally contain a few little white curds, but if these are too frequent, then over-feeding is indicated. Large curds are abnormal.

If he is bottle fed, they are a lighter yellow in colour, thicker in consistency, less frequent and often slightly offensive even in normal cases.

Constipated Stools are infrequent, hard and formed, not merely formed, which is normal. In passing them the baby strains often, cries with pain, and sometimes they are streaked with blood.

In Over-feeding the baby may be sluggish and constipated for a short time but diarrhoea—more than three stools a day is inevitable. The motions are very relaxed, are green and contain mucus and curds.

It is interesting to note that in protein intolerance the baby passes large hard curds which sink in water and are insoluble in ether, while in fat intolerance the curds are smaller, soft, float on water and dissolve in ether.

In sugar indigestion the stools are relaxed, frothy, acid and cause very sore buttocks.

In Under-feeding the stools are small and infrequent to begin with and then a small slimy watery motion of a dark green colour is passed after each feed. Unfortunately this condition is often confused with gastro-enteritis due to over-feeding or improper feeding, when all the baby needs is more food. In extreme cases of under-feeding in a newly born baby, blood and mucus is sometimes passed, this is rare, medical aid should be sought at once and it should not be confused with hæmophilia.

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Horlick's proves a beneficial adjunct to the diet during pregnancy and lactation, and is recommended whenever the digestive functions are impaired. As a food for children it will be found especially valuable for those who are unable to tolerate fatty foods or who suffer from faulty fat metabolism—the nervous child, those who are constipated, debilitated or liable to so-called attacks of biliousness.



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NEW MEMBERS' LIST FOR DECEMBER, 1935

District	No.	Name and Address	Training School
Andhra	755	Miss Padamuthum Suwartha, Kugler Hospital, Guntur.	Kugler Hospital, Guntur.
"	756	Miss Setty Vijayam, Kugler Hospital, Guntur.	Do.
"	757	Miss Mary King, Kugler Hospital, Guntur.	Do.
"	758	Miss Edna Edge, Kugler Hospital, Guntur.	Do.
Assam	759	Miss Dorothy Lister, Chandraghona, Chittagong Hill Tracts.	Royal Infirmary, Edinburgh.
N. W. F. P.	760	Miss Ada Boast, Municipal Zenana Hospital, Dera Ismail Khan. N. W. F. P.	Women's Medical School Hospital, Agra.
Bombay	761	Miss Manorama Chikopa, A. P. Mission Hospital, Miraj, S. M. C.	A. P. Mission Hospital, Miraj.
"	762	Mr. P. J. Thomas, A. P. Mission Hospital, Miraj, S. M. C.	Do.
"	763	Mr. P. D. Gurjar, A. P. Mission Hospital, Miraj, S. M. C.	Do.
"	764	Miss Devadani Hithelmani, A. P. Mission Hospital, Miraj, S. M. C.	Do.
"	765	Miss Marjula J. Mohite, A. P. Mission Hospital, Miraj, S. M. C.	Do.
"	766	Mr. C. I. Soans, A. P. Mission Hospital, Miraj, S. M. C.	Do.
Punjab	767	Miss Margaret Davison, Lady Reading Hospital, Simla.	Royal Northern Hospital (General), Aberdeen Maternity Hospital, Health Visiting, Leeds.
Bombay	768	Mr. Ambalal F. Solanki, Khadia Pole Palace Road, Baroda.	State General Hospital, Baroda.
Calcutta	769	Mrs. Kshirode Basini Das, 3, Pratap Chatterjee Lane, P. O. Bowbazar, Calcutta.	Calcutta Medical College Hospital, and Eden Hospital.
Bangalore, Mysore and Hyderabad }	770	Miss Hope Lucas, Lady Curzon Hospital, Bangalore.	Guy's Hospital, London; General Lying-in Hospital, London.
"	HVL 13	Miss P. Caroline Manohara, Vani Vilas Hospital, Mysore.	Lady Reading Health School, Delhi.

Travelling Concessions

Some hints to take notice of when applying for concession forms.

1. Read up notes on page 139 in T.N.A.I. Handbook.
2. Obtain a concession order from your hospital if you can.
3. Write for your concession order two weeks before your journey if possible.
4. Use the form given below.
5. Write in block capitals.
6. Send to your District Secretary, see page iii for addresses. **Mark your envelope T. N. A. I., or address your letter to the District Secretary as such, to distinguish from private correspondence. Use a 1 anna 3 pie stamp.**
7. Enclose a stamped, addressed envelope for reply and please do not forget your registered number.

To the { General } Secretary, T.N.A.I.....
 { District }

Dear Madam,

As a nurse in *bona fide* practice I have to travel on ^{duty} ~~leave~~ as shown below and shall be grateful if you will please issue me concession forms for the journey.

From..... Station on the.....Railway
 to..... Station on the..... Railway

(If through tickets for the whole journey cannot be obtained, give details of each stage for which a fresh ticket is needed.)

I intend travelling on or about.....193
 I enclose a stamped and addressed envelope for reply.

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Date..... Address.....



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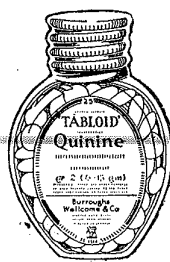
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