cast her spell. She is 'the angel in the street,' whose work is healing of all kinds; nor does she deem her work complete if she ease not sad, troubled minds. *The District Nurse*. She does so much just by her tender human touch.

**Wilhelmina Stich.**

A woman made a sacrifice of her life to tend the poor, and her beauty was increased tenfold.

**Elizabeth Gibson.**

---

**ERGOMETRINE**

The isolation of the new ergot alkaloid, Ergometrine, recently described by Dudley and Moir was followed by the commercial issue of the drug by Burroughs Wellcome & Co., London England, within the short space of three weeks from the first announcement of the discovery—(*British Medical Journal*, April 6, 1935).

The following preparations of the alkaloid are issued for therapeutic use:

- Tabloid Ergometrine, 0.5 mgm. for oral administration,
- Wellcome Solution of Ergometrine, 0.5 mgm. in 2.5 cc. for oral administration,
- Tabloid Hypodermic Ergometrine, 0.25 mgm. for intramuscular injection,
- Pypoloid Ergometrine, 0.25 mgm. in 1 cc. for intramuscular injection,
- Tabloid Hypodermic Ergometrine, 0.05 mgm. for intravenous administration,
- Hypoloid Ergometrine 0.05 mgm. in 1 cc. for intravenous administration.

The alkaloid used in these preparations is of the high degree of purity associated with the firm's products and crystallises readily from a number of solvents as described in Dr. Dudley's later communication—(*British Medical Journal*, April 19). Ergometrine is characterised by the rapidity with which it causes contraction of the uterus and is used clinically for this effect during the puerperium.

Given orally, in a dose of 0.5 mgm. to 1 mgm., Ergometrine produces contraction after an interval of 6½ to 8 minutes, the contractions being identical in mode of onset and general character with those produced by active liquid extracts of ergot. It may also be given by intramuscular injection, in a dose of 0.25 mgm. to 0.5 mgm., which produces strong uterine action in 3½ to 4½ minutes. Intravenously, in a dose of 0.05 mgm., a strong response follows in 110 seconds and in a dose of 0.1 mgm. in 65 seconds.

Ergometrine has a pronounced and more rapid action in a dosage smaller than that required in the case of ergotoxine. It is remarkably free from side effects.

Ergometrine is of particular value for routine oral administration after parturition. Ergometrine, for its immediate action followed by ergotoxine ethanesulphonate for its prolonged effects, would appear to be ideal for use during the puerperium.
During the recent epidemic of malaria in Ceylon, Horlick's was of the greatest value. It is very easily digested and rapidly assimilated. It contains a relatively low fat content, adequate first-class protein and the easily utilised carbohydrates, maltose and dextrin.

Horlick's has also been successfully used in the feeding of patients suffering from epidemic diarrhoea, and bacillary and amoebic dysentery.

As regards summer diarrhoea, a physician says "I have obtained excellent results with Horlick's."

HORLICK'S
THE ORIGINAL MALTED MILK
Available Everywhere
## NEW MEMBERS’ LIST FOR NOVEMBER, 1935

<table>
<thead>
<tr>
<th>District</th>
<th>No.</th>
<th>Name and Address</th>
<th>Training School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Punjab</td>
<td>647</td>
<td>Miss I. L. Thomas, Subathu Leper Home, Srinth Hills</td>
<td>David Lewis Northern Hospital, Liverpool; Liverpool Maternity Hospital</td>
</tr>
<tr>
<td>Bangalore</td>
<td>672</td>
<td>Miss A. Mathew, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td></td>
<td>699</td>
<td>Miss Thangamma Joseph, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td></td>
<td>744</td>
<td>Miss Herzibah Stephen, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td></td>
<td>745</td>
<td>Miss Rose Enoch, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td></td>
<td>746</td>
<td>Miss C. L. Lawrence, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td></td>
<td>747</td>
<td>Miss Anna Thomas, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Do.</td>
</tr>
<tr>
<td>Calcutta</td>
<td>748</td>
<td>Miss Mary Joy, Zenana Mission Tuberculosis Hospital, Bangalore</td>
<td>Presidency General Hospital and Eden Hospital, Calcutta.</td>
</tr>
<tr>
<td></td>
<td>749</td>
<td>Miss A. M. Reynolds, Suite 7B, St Chowringhee, Calcutta</td>
<td>Geological Survey Hospital, Calcutta.</td>
</tr>
<tr>
<td>Bombay</td>
<td>750</td>
<td>Miss E. E. Connolly, Mission Hospital, Miraj, S. M. C.</td>
<td>Allegheny General Hospital, Pittsburgh, Penna., U.S.A.</td>
</tr>
<tr>
<td></td>
<td>751</td>
<td>Miss Margaret Foster, Canada Hospital, Nusik</td>
<td>St. Thomas’s Hospital, London; Queen Charlotte’s Hospital, London.</td>
</tr>
<tr>
<td>Bangalore</td>
<td>752</td>
<td>Sister Victoria, C. S. M. V., St. Mary’s Home, Kensington Road, Bangalore</td>
<td>Guy’s Hospital, London.</td>
</tr>
<tr>
<td>Punjab</td>
<td>753</td>
<td>Miss V. E. Edwards, Ripon Hospital, Simla.</td>
<td>Medical College Hospital, Calcutta.</td>
</tr>
<tr>
<td>Assam</td>
<td>754</td>
<td>Miss E. Williams, The Mission Hospital, Durtland, P. O. Aj jal, N. Lushai Hills, Assam</td>
<td>The General Infirmary, Leeds.</td>
</tr>
<tr>
<td>U.P.</td>
<td>MUS9</td>
<td>Miss J. M. Figott, Z. B. M. M., Bulandshahr, U. P.</td>
<td>Queen Charlotte’s Hospital, Marylebone Road, London.</td>
</tr>
</tbody>
</table>
Form of Application for Admission

To

* The Trained Nurses' Association of India
* The Midwives' Union
* The Health Visitors' League

Affiliated with the T.N.A.I.

* Strike out lines not required.

Name (Printed in full)........................................................................................................

Training Schools................................................................................................................

........................................................................................................................................

Length of training.............................................................................................................

Inclusive dates of training.................................................................................................

Positions held subsequent to training...............................................................................

........................................................................................................................................

Present nursing position (if any)......................................................................................

........................................................................................................................................

Present address (Printed)..................................................................................................

........................................................................................................................................

Signature of Applicant.....................................................................................................

........................................................................................................................................

Certificate of Recommendation

I have personally known ..................................................................................................

........................................................................................................................................

years and can recommend her for Membership of the T.N.A.I. I certify that the attached Copies of her certificates are genuine.

Signature...........................................................................................................................

........................................................................................................................................

Position.............................................................................................................................

........................................................................................................................................

Date.................................................................................................................................

........................................................................................................................................

This form should be signed by a Nursing Superintendent or Medical Officer (not lower than the grade of Civil Surgeon), and should be sent to the Secretary, Miss Hartley, 1 Madavakkam Tank Road, Kilpauk, Madras, with copies of all certificates. No money should be sent until acceptance as member is notified.
Travelling Concessions

Some hints to take notice of when applying for concession forms.

1. Read up notes on page 139 in T.N.A.I. Handbook.
2. Obtain a concession order from your hospital if you can.
3. Write for your concession order two weeks before your journey if possible.
4. Use the form given below.
5. Write in block capitals.
6. Send to your District Secretary, see page iii for addresses. Mark your envelope T. N. A. I., or address your letter to the District Secretary as such, to distinguish from private correspondence. Use a 1 anna 3 pie stamp.
7. Enclose a stamped, addressed envelope for reply and please do not forget your registered number.

To the \{ General \} \{ District \} Secretary, T.N.A.I. .................................................................

Dear Madam,

As a nurse in bona fide practice I have to travel on duty as shown below and shall be grateful if you will please issue me concession forms for the journey.

From ........................................... Station on the ...................... Railway
to .................................................... Station on the ...................... Railway

(If through tickets for the whole journey cannot be obtained, give details of each stage for which a fresh ticket is needed.)

I intend travelling on or about ......................................................... 193

I enclose a stamped and addressed envelope for reply.

TNA1 Regd. No. ............................................ Name ............................................

Date ............................................ Address ............................................

.............................................
Glaxo

BUILDS BEAUTIFUL BABIES

H. J. FOSTER
& CO., LTD.
P.O.B. 202, Bombay
P.O.B. 2257, Calcutta
P.O.B. 108, Madras
A clear complexion at all times

"HAZELINE’ SNOW" preserves the youth and beauty of the skin by increasing its suppleness and restoring its clearness. Freedom from greasiness and its delicate fragrance fit it for use at all times and on all occasions. Use it for after-duty complexion care always.

"‘HAZELINE’ SNOW”

(Btrade Mark)

BEWARE of IMITATIONS

Guss post from all Chemists and Stores

BURROUGHS WELLCOME & CO.

LONDON AND BOMBAY

PRINTED AND PUBLISHED AT THE DIOCESAN PRESS, VRPERY, MADRAS FOR THE TRAINED NURSES' ASSOCIATION OF INDIA
The table shows the remarkable growth of Cow & Gate sales. This food is now supplied to practically all the hospitals and clinics in the U.K. and the increasing demand in the East is equally significant.

Pure and wholesome—rich in bone and body-building nutrition—fresh from the green English pastures—COW & GATE meets a real need in India.

Cow & Gate Milk Food
Made, packed and dated in England.

Distributing Agents—
CARR & CO. LTD.,
Wittet Road, Ballard Estate, Bombay,
also at Calcutta, Karachi and Madras.

Members of the Nursing Profession seeking private engagements involving travel are invited to register with the Cow and Gate Overseas Nurses' Bureau. Particulars should be forwarded to the Agents mentioned above.
Is Baby Backward in Teething?

YOU want baby to 'cut' his first teeth with the minimum of trouble and delay.

YOU want his teeth to be perfectly sound, well-developed and resistant to decay.

THEN make quite sure by putting him on the 'Allenburys' Foods which contain an ample supply of Vitamin 'D'—now recognised as indispensable in assisting and promoting teeth and bone-formation.

THE 'Allenburys' Malted Rusks also contain Vitamin 'D' and are an additional aid in teething.

'Allenburys' Foods for Infants

Write for a free copy of "Infant Feeding by the 'Allenburys' Foods"

Allen & Hanburys Ltd., London
(Incorporated in England)
Clive Buildings, CALCUTTA
INTERNATIONAL COUNCIL OF NURSES

Hon. President ... MRS. BEDFORD FENWICK, S.R.N., London.
President ... DAME A. LLOYD-STILL, S.R.N., C.B.E., R.R.C., Great Britain.
Secretary ... MISS ANNA SCHWARZENBERG, Geneva.
Treasurer ... MISS E. M. MUSSON, S.R.N., C.B.E., R.R.C., LL.D., Great Britain.

TRAINED NURSES' ASSOCIATION OF INDIA

Patrons
H. E. THE Countess of WILTINGDON, Simla.
H. E. LADY BRABOURNE, Bombay.
H. E. LADY MARJORIE ERSKINE, Madras.

President
MISS M. E. ABRAM, S.R.N.
Presidency General Hospital, Calcutta.

Vice-Presidents
MISS D. CHADWICK, S.R.N., S.C.M.,
Matron-Superintendent, Government Hospital for Women and Children, Egmore, Madras.
MISS A. WILKINSON, S.R.N., S.C.M.,
Matron, St. Stephen's Hospital, Delhi.

Secretaries
General Secretary ... MISS DIANA HARTLEY, S.R.N., S.C.M., Madavakkam Tank Road, Kilpauk, Madras.
Hon. Minute Secretary ... MISS L. J. TIMM, S.R.N., Farrar Hospital, Bhiwani, Panjab.
The Health Visitors' League ... MISS M. E. RAYNOR, Indian Red Cross Society, Egmore, Madras.
Midwives' Union ... MISS S. M. ROUND, All Saints' Dispensary, Panvel, Dr. Colaba, Bombay.
Student Nurses' Association MISS J. I. ROUSON, D.N., S.C.M., Rainy Hospital, Royapuram, Madras.

Honorary Treasurer
MISS H. W. SUTHERLAND, S.R.N., S.C.M.,
Church of Scotland Mission, Chingleput.

Editors
MISS A. C. MCCAULEY, R.N., Paralakemedi, Ganjam.