amongst the Irish. Sometimes a post is held on to or to a rope or belt from the post. Sometimes a kneeling or rather a crouching position is assumed naturally, the knees pressing on the abdomen. This pressure corrects mal-position; or one knee may be fully flexed on the floor, the other pressing on the side of the uterus and displacing the child on that side. It is recommended as a method of preventing and of correcting a transverse presentation.

The different forms of 'squatting' seem to be of real use where delay has occurred—not due to a contracted pelvis—and the use of the forearms seems to be indicated. It is suggested that the 'squatting position' should always be tried before the forearms. As soon as the head reaches the perineum the horizontal position should be assumed. It is, of course, not called for when the pains are frequent and the head advancing.

A special chair, 'the Obstetrical Chair' was used for deliveries during many centuries. It was even carried about with the midwife. A chair going by the name of Savarnard's Chair was in use in 1547. It was V-shaped, three-legged, with an extension from the angle. The husband sat on the extension, grasping his wife—who sat in front of him—round the abdomen, while she supported her thighs on the arms of the 'V'. Another form of Obstetrical Chair had high sides, with a hole in the centre of the seat, like a modern W.C. seat, the hole prolonged forwards to aid the birth of the child in a manner convenient to the midwife. This chair is named after van Deventer, who used it in 1701. A very crude form of Obstetrical Chair, is used in Central Africa, where the woman sits on a tree stump, and her legs are supported on two separated forked boughs.

It is as well to remember that in London and other large cities and their neighbourhoods, the population is of a very mixed type, and the disproportion between head and pelvis may be due to the pelvis of one race not permitting the head of another race to pass. Thus an Anglo-Indian woman may have the pelvis either of a European or of a Bengali type. The European head may well fail to pass through a small Bengali pelvis.

(From Nursing Notes and Midwives' Chronicle, September 1906.)

THE MOTHERCRAFT PAGE

Acorn Dried Skimmed Milk with Buffalo's Milk Mixtures

Leaflet No. IV

Miss Worth of the Zenana Mission, Sholapur, who contributed an excellent article to our August Journal, upon the use of a mixture of Acorn Brand Dried Milk and buffalo's milk, which she has found most successful in Infant Feeding, writes further—

'I have found that the Acorn Dried Skimmed Milk and mixed with buffalo's milk, and then use it in the proportion given in the mixture for ordinary cow's milk. I do not give the added fat as suggested, as it is far too much for this climate, but just half to one teaspoon of Cod Liver Oil a day, according to the size of the baby.

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