

Carcinoma of the Stomach

A female Hindu patient, aged 48 years was admitted into the ward on the 17th November 1944 with a history of slight discomfort in the epigastrium for some months. A painless lump in the right hypochondrium was noticed for about four months. On palpation, a hard lump was felt and moved with respiration. She suffered from loss of appetite, had nausea but no vomiting and never vomited blood. Her general condition was poor, Heart and Lungs showed nothing abnormal. Blood pressure on admission was 100/60 mm. Weight on the tenth day after admission was 70 lbs.

A vaginal examination disclosed a normal uterus and fornices nil abnormal.

Her blood count was done, urine and faeces examined microscopically and the results were as follows:—

18-11-44.—R. B. C. Count :—3,500,000 per cmm

Hb: value 60%

Colour Index :—0.8

Poikilocytes :—+

18-11-44. 1st Urine :—Albumin and Sugar :—Nil, Phosphates :—Present.

20-11-44. 2nd Urine :—Albumin and Sugar :—Nil, Nil important.

1st Motion :—Few round worms, ova and few amoebic cysts present.

2nd Motion :—No ova, amoeba or Cysts.

On the 21st November 1944, the stomach was X-rayed, after the administration of a Barium meal. It was seen to show filling defects near the pylorus. The same was confirmed under the Screen.

For ten days before the operation, which was to take place on the 13th December 1944, the patient was given two pints of saline per rectum H.S. During this period it was noticed that she had a slight rise of temperature towards evening.

On the day of the operation, at 4-15 p.m., Morphia 1/6 gr, Hyoscine Hydrobromide, 1/100 gr and Ephedrine 1/2 gr, were given intramuscularly according to the orders of the Anaesthetist.

The operation commenced at 5 P.M. and by 6-45 P.M. the patient was back in the ward.

The Operation was done under spinal percaïne. A very large prepyloric

carcinoma stomach with peritoneal involvement but no other metastases was revealed. Partial gastrectomy of ilio colic pyloric type was done.

Her condition was not satisfactory, she had had two pints of intravenous saline in the Theatre.

For the first twenty four hours, the foot of the bed was raised and she was kept warm with hot water bottles and blankets. A veratol injection was given and two pints of rectal saline with glucose (drip method) was started. At 7-50 p.m., 450 c.c. of blood was transfused.

The patient was sleepless till midnight and complained of discomfort in the abdomen, thirst was alleviated by sips of glucose water and frequent gargles.

At 12-45 a.m. she was cathetrized and four ounces of urine was drawn. Morphia 1/6th gr. with Coramine was given by order of the Doctor. After this she slept till the morning.

At 9 a.m. the patient was put into Fowler's position, her blood pressure was 110/70 mm and she was started on citrated milk and glucose water alternately at the rate of an ounce per hour. As no flatus or faeces was passed Pituitrin 1/2 c.c. was given followed by a soap and water enema half an hour later, the result was poor but flatus was passed.

She was instructed to do some breathing exercises and move her limbs about.

Twenty two ounces of fluid was given during the day and was retained. She slept fairly well. Temp. 100°, Pulse 106 per minute and Respiration 32 per minute.

The next day the patient complained of pain in the abdomen and insomnia. Soneryl tablet was given with fairly good effect. The flatus tube was passed and distension relieved. Temp : 101.4°, Pulse, 102 per minute and Respiration, 32 per minute.

The next night the patient slept well without any draught, there was no vomiting, urine voided, bowels moved twice, no distension of the abdomen and all feeds were retained. Temp : 101.4°, Pulse, 104 per minute and Respiration 26 per minute.

On the 4th and 5th day there was nothing important to report about the patient. On the 6th day fruit juice and egg flip were added to the diet. Condition

improved. Temp : 100°, Pulse, 102 per minute and Respiration 24 per minute.

On the 7th and 8th day there was nothing important to report about the patient. On the 9th day the clips were removed and the wound healed by first intension. From the 10th to the 15th day she was given soft bread and milk, this was retained and well digested.

She was made to sit up on the 15th day.

From the 16th to the 20th day she was allowed dhal, rice and minced meat. She was then allowed to walk.

From the 20th day onwards she was allowed any solids she wished to have. She was given small quantities, but hourly, as she complained she was unable to wait for long intervals.

On the 12th January 1945 she was discharged cured. Her general condition was much improved. There was no sign of any trouble concerning digestion, and she was advised to report once a month. Patient came two weeks ago to report herself and her condition was good.

Contributed by Nurse G. Cooper. Secunderabad.

List of V. P. P. Journals returned in July 1944

We publish below a list of those Members whose V. P. P. Journals were returned to the T.N.A.I. Office in June, 1945.

From the letters we are receiving we feel that in many cases the V.P.P. Journals was returned in error, and we do hope to hear from every single one whose name is in this list.

Miss R. Dass	552
Miss S. Sen	HVL 97
Mrs M.F. Schutt	784
Miss R. Arakiel	2349
Miss T. Koshy	1516
Miss S. Verghese	1473
Miss A. Joseph	1521
Mr. M.T. Gnanapragasam	2056
Miss L. M. Carran	2350

It is essential for the development of the T.N.A.I. that every Member should continue his or her Membership and that not one should cease her subscription to an Association which is working so whole heartedly for the good of Nursing.

A letter has been sent to each of these Members and we look forward to their reply, please

Mr. K. Thukkaram Rao	1882
Miss M. Paul	1330
Miss R. Backianatham	516
Mr. N. Kadam	1212
Mr. M. J. Chacko	488
Miss T. Thomas	1191
Mrs. Mary Henry	437
Miss M.P. Richardson	2347

DONATIONS FOR THE GENERAL WORK OF THE ASSOCIATION

The following have been gratefully received :—

	Rs	As.	P.
Previously reported	6,647	11	2
Per Miss K. Kyton, Nursing Staff, K.G. & Allied Hospitals, Lucknow	11	0	0
	6,658	11	2

SPECIAL APPEAL FOR ENDOWMENT—REQUIRED RS. ONE LAKH.

The following have been gratefully received :—

Previously reported	15,511	7	6
Mr. E. Masih	3	0	0
Interest on Investments	218	4	0
	15,732	11	6