Bilateral Herpes

by

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A Case Report

Name : Veeraswami—Age 40

Sex : Male. Admitted to the hospital for Cirrhosis of Liver, and discharged two months later with some relief.

Many cases of herpes are being reported but it is rare that a case of Bilateral Herpes is reported.

The patient, on admission suddenly complained of pain in both the shoulder joints and on the pinna of the left ear. On examination, he was found to have developed a few vesicles in the area of the deltoid muscle on the both arms and in the area of the triceps-postero-laterally on the left arm and on the pinna of the left ear. At first it was mistaken for some allergic reaction since he was receiving injections of Liver Extract.

The pain was not severe, at the onset.

On the 4th day, vesicles were seen in numbers and more distinctly and the patient complained of severe pain, even while at rest and also in exhibiting the movements of the shoulder joints.

The vesicles in the pinna of the left ear began to dry up earlier and scab formation took place on the 7th day and began to fall off by the 9th day.

In the shoulder area drying took place by 10th day and scabs began to fall on the 12th day.

No specific treatment was adopted but symptomatic treatment was carried out with the following drugs :

(1) Injection ; Pituitrin I.M. on alternate days.

(2) Injection : Vit. 'B' 100 mg—I.M. daily.

(3) Anthisan Tab 2. one B.D. for 6 days.

(4) Lotio Calamine externally,

(5) Mist : Chloral Hydrat dr. 1, at bed time to induce sleep and give relief from pain.

The patient had relief from the pain, with the above treatment, from the 10th day onwards, uniformly from all the places.

This case is being specially reported to show the unusual and rare occurrence of its *bilateral* distribution.

Nervous distribution :—

Note : (1) Nerves affected here are :

(a) Circumflex nerve.

(b) Musculo—spiral

(c) A branch of the 2nd cervical.

(2) Bilateral distribution.

(3) Its apyrexial attack.

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