



Public Health

Health Education

By

K. Thomas R.N., R.M. DIP P.H.

(Continued from the December issue of the Journal)

3. Health Education in the Clinic.

The primary aim of any clinic is to detect any deviation from normal to abnormal and to investigate the cause in order to treat and prevent the abnormal condition. The nurse working in the clinic and assisting the physician in his investigations can play a prominent part in disclosing her findings in relation to home environment, and social and economic factors. Health education in the clinic is mostly community health services where each section of a group is seen individually. At these various clinics as pre-natal, post-natal, child health, school health, immunization, minor ailments, rehabilitation or after care both individual and group teaching can be imparted. Demonstrations, lectures, cinemas, models diagrams, people's participation in discussion etc. can be of invaluable help in the health education programme.

4. Health Education in the School.

The school forms one of the important places in each one's life in preparing each individual to take his or her respective place in the community. The major portion of the educational period is spent in the

school. It is the children of to-day who are the wealth of the country, and the citizens of to-morrow on whose feet the weight of the nation falls, and hence the importance of giving them a strong foundation of health by arousing interests in them in the practice of health attitudes and health habits. In addition to the uses of lectures, cinemas, posters etc., delegation of responsibility and preparation for leadership in the health campaign of the community will have dynamic effects throughout. Delegation of responsibility can include looking after the cleanliness of the school compound, school and class room levelling pits, disposing of broken tins, vessels etc., in which water can collect and breed mosquitos, and participation in the sale of T.B. seals and such other activities. These various activities, responsibilities and participation throughout the entire period of education from primary to collegiate will enable students to take adequate citizenship of the community in which they live and work.

5. Health Education in the Factories.

After a period of education whether primary or otherwise, it

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Public Health Nurses and Members of the Health Visitors League will be glad to know the name of the newly elected Hon Secretary of the HVI. :

**Miss K. Thomas, Public Health Tutor,
Lady Harding Hospital, New Delhi.**