

Care IS OUR CONCERN

CELESTINA FRANCIS

Nurse, whose healing hands and heart is an inspiration to all those who are in her care. Care ! what a wonderful word and it adds wonders when coupled with Nursing. Nursing is to nourish and care is to feel concern for. Every human being on this earth does aspire or long to be cared for by anyone. The word care has a precise meaning. It belongs to the intellect and the root of the word is in sorrow. Care is not akin to curc. It is different. It is closer to pathos, where the feeling is touched. In care, the feeling is experienced and responded to by extending oneself to another. Care is expressed if you tend to someone, being with him assisting him or protecting him. Giving heed to his responses and guarding him from possible dangers, providing for his needs and wants with compassion against his sufferings or tolerance with tenderness as a sense of duty and with respect and concern. Care for others may include a friendly feeling, a lively and healthy interest in others and sympathy for persons who are in distress or less fortunate. Nursing care is interacting with the persons we care for, through physical and personal contact for his welfare, intervening on his behalf between him and those stresses in the physical environment and in the social climate that impinge on him and his family.

Nursing is not only a performance of skills and techniques. Nursing is care of patients with responsibility, compassion and emotional maturity. There is a need for the Nurse to understand people, their motivation and behavior. The use of this understanding throughout her care of those patients whom she serves, to that ultimate well being and self realization for them is an interacting operation that must be considered in the measurement of "Goodness of Care". In the course of her care, many a times, the Nurse is confronted by the patient who refuses to accept Nursing care, some patients even though desperately ill may explode in anger at any attempt to provide that care, patients may have options that include accepting or rejecting the offer of care, but there is no choice to the Nurse. She needs to handle these situations with great understanding and concern. On the other side, it is the care of the Nurse that brings smile and sunshine to the patient when the sickness weighs heavy on his nerves, it is only the Nurse who is there to listen, to help him think through his problems and to find a workable conclusion. When he is engulfed with the feeling of "poor me" it is the Nurse whose touch frees him from that bondage. When he feels uncomfortable, it is the Nurse who gives him a professional opinion.

She uses sound judgment and discretion in dealing with her patients and their family. She is able to deal competently with any crisis. She expects to find spiritual values and satisfaction in her work. She feels responsible for the reputation of Nursing and tries to advance it and never retard it. Realizing and helping others in need whether they are children,

adults, friends or enemies, is a finest tradition of Nursing. We should be proud of our profession and consider it at par with medicine and law or any other vocation practiced for compensation and which at the same time contributes in it's own unique way to the welfare of the humanity.

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The XIX Tamil Nadu State SNA Biennial Conference

Hosting Unit: Sri Ramachandra College of Nursing and Research Institute (Deemed University), Chennai.

Venue: Sri Ramachandra Medical College and Research Institute, Porur, Chennai

Date: 29th to 31st August 2000.

REGISTRATION

Charges including
For souvenir

Executive
(Rs.)

TNAI Member
(Rs.)

SNA Member
(Rs.)

Registration Fee	150	150	100
Late Registration Fee	175	175	125
Boarding & Lodging Per day	300	300	300
Registration for Local Members (including Lunch & Tea)	100	100	75
Late Registration fee (Local)	125	125	100

Last date for Registration: 20th August, 2000

Registration fee is not refundable. In case of cancellation only Boarding & Lodging charges are refundable as per appended rates. 30 days in advance 75%, 15 days in advance 50% and no refund thereafter. For further details please contact: Mrs. Jothi Clara Michael, Asst. Prof., Chairman, Conference Registration Committee, College of Nursing, Sri Ramachandra Medical College & Research Institute, (Deemed University), Porur, Chennai-600116.

Mrs. Rajeshwari Siva,
Secretary, Tamil Nadu State Branch, TNAI